Optimism essay

Optimism is a disposition or tendency to look on the more favorable side of events or conditions and to expect the most favorable outcome. Optimism has many positive and negative outcomes. Also this can be a rare mind set to find. Optimism is normally a grand thing but you never quite know how it will turn out.

The positive outcomes are of a great amount. So many people ignore certain words and do not go into detail about them. The first positive outcome of optimism is happiness, if you have and optimistic mindset then you will be a happy person. The second outcome is success. My father once told me you will be successful if you always see the glass as half full instead of half empty.

Some more positive outcomes are a better life. We can all go through life saying that’s never going to happen or just overall being negative all the time. Not many people would enjoy being around us. It’s better to keep a positive attitude but let’s hear about the negatives before we completely understand optimism.

Negative outcomes are sometimes good but not in this situation. The first is having one mind set on life. If you do not listen to what everyone else has to say then the world would get nowhere. Secondly facing reality is a big one. In real life we learn everyday that things aren’t always as good as we would like them to be. This is why we have to understand that there is evil in the world and we need to acknowledge it.

All in all as we have just discovered the world is not perfect. But we have to learn to be optimistic in some ways. Otherwise we probably could not reach many of our goals. This is why optimism is key in life so that we can live, love, and learn how to be the best we can be.